

INNER TURMOIL

There is a daily devotional that I read by Joyce Meyer that inspired me to write this article. The title of her small article that I read is called *God Lives In You*. There are some people that search and search for God and don't hear a reply, or don't get to experience an encounter with Him, and don't feel that deep longing of peace. There are those that cry out to God daily, unleashing all of their problems and burdens to Him. There are those that question God and ask Him why this, and why that? My friends, do you know that God hears *every* prayer and cry that you send to Him?



Do you know that He already knows what you're going through and what you're dealing with before you even have to cry out to Him? He knows the desires of your heart and He knows what you need to go through in order to be where He wants you to be. However, even though He already knows every single thing about you, He still delights when you come to Him in prayer and petition, because He doesn't want you to carry the burden(s) on your own. *Psalm 55:22*
"Cast your burden on the Lord, and He shall sustain you; He shall never permit the righteous to be moved."

Perhaps many of you go about your busy lives, each and every day, carrying some kind of inner turmoil instead of peace. You keep it to yourself, because you don't want anyone to have to deal with your problems. You keep it between you and Yahweh. You search and search for that inner peace, but it has yet to be found. Where can you find it? How can you be healed? Why do you still feel the burden when you thought you already gave it to God?

You know that God lives in you. You believe in Him, and that He can give you that inner peace. But you can't just rely on Him to do all the work. It takes a whole lot of faith and trust on your end to really believe that He can work things out, and He can grant you peace. Don't only remember the inner turmoil that is constantly weighing you down, but remember what *really* lives inside of you. Don't settle with just crying out to God; He won't help you if you don't help Him. Truly let go. Truly trust that inner power that can overtake **ALL** of the turmoil and uneasiness if you just let go and trust Him. *Psalms 66:19-20 "But certainly God has heard; He has given heed to the voice of my prayer. Blessed be God, Who has not turned away my prayer nor His lovingkindness from me."* God loves you! He does not desire for you to be uneasy or weary. But sometimes He puts us through it so that we can really see what matters. What matters is that we have a healthy relationship with Him; He wants us to come to Him when we are hurting or when we need help. He puts us through situations we don't want to be in, but it is only to grow us closer to Him. He wants to be closer to us. Imagine that. The King of the universe wants **US** to be closer to **HIM**. He is perfection, and we are not. He loves us despite what we have done. He forgives, loves, and relentlessly intercedes for us because that is just Who He is.

We need to set aside our problems, recognize what we need to do, and learn from our mistakes. When you let go and completely trust in Him, He will give you that inner peace, bless you, and lavish His love on you because **YOU** are **WORTHY** of His peace and love. *Hebrews 11:6 "And without faith it is impossible to please Him, for he who comes to God must believe that He is and that He is a rewarder of those who seek Him."*

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