

0:01

[Music]

0:16

how many of you really desire to hear from god you want your prayers to be heard okay

0:22

we all want our prayers to be heard well sometimes we feel like this

0:27

we want to hear from you sometimes you want to hear from you sometimes it's like this can you hear me now you know

0:33

we'll yell louder if i cry louder you know maybe god will hear me now at the end of the day it is not about

0:40

how hard you cry how loud that you are he's looking for something deeper and

0:46

tonight the father has put upon my heart a very strong way to talk about a message that

0:53

i believe is going to encourage you to give you what yahweh is really looking for

0:59

and a method by which you can incorporate into your lives it's very simple all of you have heard of it i'll

1:04

talk about in just a second that will get the ear of yahweh bent towards you wouldn't it be awesome to have like a

1:10

hotline to god you just like like nasa you know not nasa that would be the

1:15

wrong one how about the analogy of nuclear weapons where they have that red button you see in the movies you know where the president they all turn the

1:22

keys at the same time and hit the button hit that button and automatically the whole world takes notice because then

1:27

atom wouldn't it be nice if you had some way to get a hold of god there's seven plus

1:33

billion people on the planet how do you know he's hearing you and i know if you're like me sometimes you go

1:39

man i'm not really sure he is i'm not really sure that that he's fully engaged and so like i want to really let him

1:45

know that i'm fully engaged but maybe you're not sure exactly how to do that well i'm all about methodology

1:50

and practicality as we merge spirit and truth through uh the christian roots of our

1:56

faith and so tonight god's put a very simple topic on my heart and i pray that we will unpack it in a creative way

2:03

tonight that will help you understand how do we get your prayers heard

2:10

uncovering and understanding the power of fasting now before you

2:15

judge the title and say well i know everything about fasting i've done fasting i hate fasting

2:22

just hold on to your seat belts first of all zoom

2:28

going fast how many love to go fast any racers out there any highway racers out there right on

2:36

love you you people all my peoples out there highway erasers i look at cars like cones that's

2:44

it's all it is or or my racing days there would be trees for me to get around that's it that's all they are

2:49

just another motorcycle for me to room around zoom this was a picture it's not a

2:55

picture of me but this is what i used to do this used to be my hobby and this is a very important picture for you to know

3:01

because i've mentioned this a hundred times uh in my in my background as

3:06

racing dirt bikes and what you see in the background there is a berm so he's coming around a corner

3:12

and he's hitting that berm now that berm which is just a a piece of dirt it's a pile of dirt that's kind of like a hill

3:19

it's designed to give him traction to catapult him out on the other side of the turn the berm when you're coming up

3:27

to it looks like a hill and a stop sign it does not look like a happy pleasant

3:32

place because you're going bore out full third gear you're pumped and you're excited and you're going fast and all of

3:38

a sudden it looks like the road ends but the reality is is that berm is not

3:43

something that's a speed bump it's designed to go get you going in the right direction to stay on the trail

3:51

and it's designed to help you catapult yourself where god wants you to go and many of us in our lives we have these berms or

3:58

we're going through life and we see this what looks like a dead end because from out there it looks like the

4:04

road ends but the reality is it's just a turn and you have to know how to navigate

4:10

that corner if you don't navigate that corner and you don't do it properly this

4:16

is what will happen you will end up crashing and burning and it's not fun

4:23

i've been there if you go too fast into the berm you go over the berm

4:29

when that front tire goes over the berm this is exactly what happens you fall

4:35

how much time could you save if you don't fall so as i was racing someone told me once

4:43

if you want to go fast you need to slow down so i thought this would be a really good

4:48

picture to illustrate my point of a kitty cat on the front dash slow down

4:55

you're going to kill us both and it is true

5:00

because what you don't know is everything that you do is connected to somebody else

5:06

so whatever you're doing will affect if you go fast someone else is going fast if you go slow someone's going slow if

5:13

you crash they crash so what i want to do is help you not only navigate the corners in life

5:20

through the word of god and pull out some formulas that i believe that will radically improve your success rate of

5:27

not only getting heard from god but actually having those questions turned into answers

5:35

and that's what we're going to do tonight so let's dig in so we talked about zoom now i want to talk about the hebrew word zoom because the hebrew word

5:42

zoom is the word for fasting everybody says zoom there you go see it's not art it's

5:48

fasting i know you'll never want to say this word again but after tonight i hope that you will want to say it a lot because

5:55

it's simple strong 6684 means to just simply abstain from food which i know

6:01

for most of us is like uh the worst possible experience ever

6:06

if you miss not a meal if you miss your third snack in between meals you're upset

6:11

you know but this concept of soom is is one of the

6:17

most powerful concepts and the least talked about for obvious reasons okay

6:22

there's a reasons why there's a reason why 88 of americans they say are overweight

6:29

we don't like fasting it's that simple we don't do it we're not it's not incorporated into the

6:35

principal characteristics of our faith when you fast matthew chapter 6 verse 16

6:43

through 18 says the following moreover when you fast do not be like the hypocrites with sound consonants

6:50

sad countenance for they disfigure their faces that they may appear to be men fasting but surely i say to you they

6:56

have their reward but you when you fast anoint your head wash your face so that you do not appear to be men fasting but

7:03

to your father who is in the secret place and your father who sees you in secret will reward you plenty now what i

7:10

will keep that up there for a second guys what i want to show you out of this scripture is the very

7:15

second word when

7:20

it does not say if you decide to fast or hey when your neighbor decides to fast it says

7:28

when you fast do you understand so if there's a there is an understood

7:35

concept in the gospels here that we will be doing this we should be doing this and

7:42

there's instructions of what to do when we do it and how we should look when we do it when we do it so it's okay to go

7:50

fast and we're used to that kind of fast but the bible makes it clear we're supposed to be fasting there is an understood

7:57

fast okay how many of you have heard the parable of the old wineskins and the new

8:03

wine and the patch and all that right one of the most highly debated contested

8:09

misunderstood parables in entire gospels why because the traditional well let's

8:15

just read it first i'll tell you the traditional interpretation luke chapter 5 verse 33 and following you can follow

8:20

along then they said to him why do the disciples of john fast often and make

8:26

prayers and like talk about john the baptist and make prayers and likewise those of the pharisees but yours eat and drink

8:36

and he said to them can you make the friends of the bridegroom fast while the bridegroom is with them

8:42

i'm going to read this slowly because i want you to understand context now he's talking about a wedding feast

8:47

but the days will come when the bridegroom will be taken away

8:53

from them and they will fast after i leave in those days

9:01

and he keeps going he says this then he spoke a parable to them no one puts a piece from a new garment on an old one

9:08

otherwise the new makes it and also the piece that was taken out of

9:14

the new does not match the old no one puts new wine into old wineskins

9:21

or else the new wine as it ferments will burst the wineskins and be spoiled and the wine skins will

9:28

be ruined but new wine must be put into new wine skins and both are preserved

9:34

and no one listen to this having drunk of old wine immediately desires new for he says the

9:40

old is better definitely no question about it this can be very confusing the most traditional

9:46

interpretation because we are english and we are western we are 20 and 21st

9:52

century theologians we look at this and we have okay wait a minute old covenant

9:58

new covenant old wineskins new wineskins they must be talking about all the new covenant so

10:03

therefore it's the old covenant is done away with and jesus brought a new message and we have

10:10

to have a new covenant for that and so the cut the wine skins are covenants and the teaching is jesus versus the

10:15

teaching of the the word of god which was jesus but we won't talk about that so any case

10:22

what we got to figure out is what does this really mean because the traditional interpretation is that this parable is

10:28

literally doing away with the old covenant or doing away with the law of god

10:33

okay which matthew says or jesus says that not one single jot or tittle will pass

10:38

away until heaven and earth pass away and so as heaven and earth are still here not a

10:43

single jot or till has passed away so we've got to figure out what this means so what we're going to find out

10:49

is that there is a way that we can discover what this means we just need to do a little bit of homework to discover

10:55

what did this mean idiomatically in the first century not from our perspective

11:01

we got to go back to the roots of christianity into the first century and go how did

11:07

they interpret these things i don't know why that keeps happening but how did they interpret these these

11:13

parables so we absolutely know matter of fact even john calvin how many know who john calvin was father of of calvinism

11:20

right even him not that i'm a big fan of him whatsoever but i thought it's interesting that even him says this he

11:26

states that the old wineskins in the old garment represent jesus's disciples and

11:31

the new wine and unshrunk cloth represent the practice of fasting twice a week now i don't necessarily agree

11:37

with the blast half but it just goes to show you that this concept of old covenant being done away

11:43

with is modern this is not uh this is not an old concept this is a

11:49

new concept within 21st century christianity so let's go to the mishnah the mishnah is where uh jews excuse me

11:57

judaism took the oral law that they say that god gave moises on mount sinai they never wrote it down in the first century

12:04

and then after the temple was destroyed they decided to start writing down the

12:09

uh the oral law of god or what they determined was the oral law of god from their perspective the how-to of the

12:16

torah if you will they wrote it down and it became what's called the mishnah and in that mishnah and there was a gemara

12:22

as well but in the mission there's lots of tractates what we call chapters and verses inside one of these chapters and verses

12:30

of volume 420 we get very incredible detail on what the wine skins

12:37

in their perspective mean so read along with me here we go

12:43

elijah the son of abu yah would say this is rabbi and one who learns torah in

12:49

his childhood what is this compared to ink inscribed on fresh paper

12:56

one who learns torah in his old age what is comparable to ink inscribed

13:02

on erased paper okay or that's where the smudges come from let's keep reading it's going to get more uh apropos rabbi

13:09

yosei the son of judah and kaffar would say one who learns torah from

13:15

youngsters whom is he compared to one who eats unripe grapes and drinks unfermented

13:23

wine from the press one who learns torah from an old man

13:31

whom is he compared to one who eats ripe and gray ripened grapes and drinks aged wine okay

13:39

so basically let me give you the interpretation here what this is saying is that if you learn torah from someone

13:45

that's brand new that's like eating or drinking unfermented wine

13:52

wine that hasn't aged be careful if you when you drink torah or learn

13:58

torah from someone that's aged in torah that is not a

14:03

let's just say a rookie teacher or someone that's brand new then it's like drinking fermented wine that has that is

14:11

aged it's far more palatable and it makes more sense and it is a soothing

14:17

to your soul so it's telling us here these tractates are telling us in this particular one that the wine itself

14:25

is connected to what the teaching the teaching is the wine keep the keep

14:31

that in back your mind one more said rabbi my ear look not at the vessel

14:38

the skin but what it contains there are new vessels that are filled

14:44

with old wine and old vessels that do not even contain

14:49

new wine see are you following me this is unbelievable so we don't have to guess

14:55

what this parable that yeshua is telling us means because now what is this saying this this is interesting because he just

15:02

gets done saying be careful when you when you learn torah from someone that's new or learn the bible from someone

15:07

that's new to the bible because you got to just make sure that it's it's fermented

15:14

you want to make sure that you receive it from an old person who's been in a while because that wine is fermented but

15:19

then so it seems to say that you want to make sure you hear from someone who's been in it for a long time and then they qualify it like a good rabbi a good

15:25

teacher would do and say but watch out because

15:30

you can get some very aged wine from a young person does that make sense

15:37

out of the mouth of babes sometimes the greatest wisdom comes and he says on the same side hey also on

15:45

the flip side be careful because sometimes you can get instruction biblical instruction from someone who's been in the faith for 50 years and it's

15:52

like they don't have anything to offer right so this is the interpretation

16:00

so here it is we are the vessels okay we are the cloth we

16:05

are the wine skins or the student is the wine skin so the wine skin is the

16:10

student the wine is the teaching the garment

16:16

is the previously educated student the patch is the new teaching

16:23

are you following me so far okay good okay so look i can't even see you so if

16:29

i don't hear you i just assume you got raptured if you don't say anything so here's how it works if we do that

16:36

whole thing again and we re-read that whole scripture what we discover is yeshua's look the background is that

16:43

he just got on the heels of choosing a few disciples he's not finished using his disciples and who does he choose

16:49

some fishermen and a tax collector he's not at the height of like he's not

16:56

he's over two okay on the pharisees perspective of when rabbis choose

17:02

students they choose people that are at the highest educated level in jerusalem they don't choose traitors

17:09

which were tax collectors which very much were uh scum of the earth in those days and so

17:16

they didn't have yeshua didn't have a whole lot going for him because they were questioning so what happens is levi

17:22

okay which is matthew the tax collector holds a party he's excited oh my goodness he gets to to reverse all of

17:29

his mistakes become a student of a rabbi which is the highest honor throws a party at this party some of the other

17:35

disciples of john the baptist they're all there and they're all still learning to check out yeshua they're not 100 sure

17:41

what this guy is but they're in trees and they're intrigued and one of them comes up and says why aren't your

17:47

disciples fasting like other disciples now you have to understand

17:54

what they're really saying how many know let me just say this don't raise your hand men how many know

18:00

when your wife says something sometimes she might mean something else right okay

18:05

whoever just laughed you're in big trouble with your own wife but the truth is that happens all the

18:12

time in relationships you say something and they mean something completely different i'm going to submit to you that's exactly what's happening here is

18:18
that you've got the pharisees who are asking a question and it is not to find
18:24
the answer they are doing what they do best which
18:29
is what make fun of yeshua poking fun at yeshua and what are they doing they're making
18:34
fun of him or poking at his selection of disciples
18:40
that's what's going on that's the context that's setting up they're going why don't your disciples
fast basically
18:46
they're they're ripping on yeshua rabbi yeshua for picking the lowlifes they
18:51
don't even know how to do the basic stuff that's what's going on
18:57
and yeshua has this brilliant comeback that shuts their mouth because they knew exactly what he
meant
19:03
they didn't walk away confused they walked away confounded because he says
19:10
i cannot take old wineskins old students
19:17
old pharisees who have been trained excuse me old
19:23
students that have been trained by you guys with all your tradition and your doctrine of men i
cannot take the
19:30
highest educated people because they're educated by you and your system is so
19:37
messed up that if i take new wine and i pour it into new teaching
19:44
new understanding of torah without the tradition in doctrine men and i dump it into those
students they won't accept it
19:52
it will explode and it will be worthless on the ground
19:57
do you understand he says in the same way you have to take
20:04
new wine skins a new student that has not been polluted by your system and
20:11
that new student will be so hungry and thirsty that when i take new wine
20:18
and pour it in there it will ferment and he will grow with it
20:24
isn't that beautiful and there's another thing i want to pull out of that parable that shows you

20:29

something when yeshua said this understanding its true meaning

20:35

by default because of the analogy that he gave of the wineskins

20:41

expanding and the wine not being fully fermented

20:46

is that the message that he gave in the first century was not the end-all

20:54

it was intended to be fermented

20:59

his teachings were intended to grow in depth and understanding

21:06

it was not that you're supposed to just drink the new wine of salvation and i'm saved here i is lord
i is an apostle

21:13

because i drank the new wine the new wine was designed to go inside

21:19

this is why look it should bring so much more depth at the news at the new the last supper

21:24

at the last supper what's he do he says take this you must drink this wine unless you drink of my
blood

21:31

the blood is the new wine you have to take it you're the wine skin take the blood of messiah
internalize it on the

21:39

inside but that's not where it stops salvation is not where it stops it's

21:45

supposed to expand you your spirit is supposed to expand with

21:53

the blood of messiah if your soul doesn't expand look i have

21:59

conversations all the time you know i got saved in 1922 i got saved 42 times no you didn't the
last time you got

22:05

saved was the time you really got saved because if you really got saved when you were in
seventh grade you would have expanded

22:12

because the wine only knows how to do one thing when you drink it and that is expand

22:18

do you understand what i'm saying you can call it i rededicated my life just to make yourself feel
better that's

22:24

great but the truth of the matter is if you drink the blood of messiah it goes into your

22:31

veins and you're never the same again ever somebody say amen

22:42

all right we're going to learn a few things today is that okay you can be challenged today put your seatbelt on

22:48

lock the doors just in case all right you ready to go even deeper

22:55

all right so we're gonna we're gonna uncover i hope i can do this quickly but i wanna uh i wanna unpack two of the

23:00

most misunderstand chapters i believe in the new testament romans chapter 14 and

23:05

first corinthians chapter 8 we are going to unpack those because they have everything to do with the topic that we're talking about and they are very

23:12

misunderstood so open your bibles with me and please turn with me to romans

23:19

chapter 14. receive who one who is weak in the faith but not to disputes over doubtful things

23:27

for one who believes he may eat all things but but he who is weak eats only vegetables

23:34

let not who him who eats despise him who does not eat

23:39

and let not him who does not eat judge him who eats you can tell this is paul right i mean

23:46

romans 7 the things i don't want to do i do and the things i do when i do and i don't i don't i mean he just talks this way

23:53

who are you to judge another servant to his own mastery stands or falls indeed he will be made to stand for god

24:00

is able to make him stand one person esteems one day above another

24:05

another steams every day alike let each be fully convinced in his own mind

24:10

he who observes the day observes it to the lord and he who does not observe the day to the lord he does not observe it

24:15

he who eats eats to the lord for he gives to god he gives god thanks he who does not eat to the lord he does not eat

24:21

and gives god thanks stop the most traditional understanding of

24:26

this scripture uh has been this one person esteems one day one person it

24:33

seems another day your sabbath is on that saturday your sabbath is on sunday

24:38

your sabbath is on wednesday you don't even have a sabbath let everybody be convinced in their own mind you can eat

24:44

whatever you want i can have lobster you can have ham i'll eat worms you eat a bat it doesn't matter i'm convinced that

24:50

whatever is in my mind and that my taste buds for that day look that happens in culture you're only

24:55

laughing because you don't live in the east right they pick up a snail and go that looks good

25:01

fry it up with ham and beans and you're good to go so but my point is this is a traditional interpretation you can do

25:07

whatever you want as long as you're convinced in your own mind can you seriously imagine that that is the philosophy what god is trying to say

25:15

why not take it one step further and say hey you can love one person says love a one woman and one person says one love

25:21

ten be convinced in your own mind i only want a husband and one wife you want five husbands and four wives whatever

25:27

you want as long as you're convinced in your own mind that's where that goes

25:32

so it's certainly not saying that if paul was saying that you can choose any day to be your sabbath for instance or

25:39

you can eat whatever you want they literally would have stoned him right there they'd have brought him for the

25:44

sanhedrin for blasphemy how many know that they already did that i think four times where he got scourged

25:50

put in prison for seemingly teaching against the law remember that and actually had to go all the way back

25:56

to jerusalem because he was accused of teaching against the law and james said hey man they're accusing you of teaching against the law you need to prove that

26:02

you're not or they're going to get you in hot water and you're going to be behind bars again if he was really saying that he would

26:08

have been in big trouble but he's not how can we prove this go to first corinthians chapter 8

26:14

because that's the parallel structure to this

26:20

and we're going to find out what this entire two sections are all about

26:26

now concerning things offered to idols we know that we have all knowledge

26:32

knowledge puffs up but love edifies if anyone thinks that he knows anything he knows nothing

26:38

yet as he ought to know how many of you agree with me that every day that you wake up when you go close

26:45

i can't do this anymore lord will you help my tongue

26:52

please all right should i lay hands on it well he felt like hung

26:57

yeah good thing i don't have to put anointing oil on it or anything all right so

27:06

you ever woke up in the morning and said to yourself the closer you get to god you learn a new revelation you go man

27:12

i thought i knew something i realized i don't know anything how many when you came to christian roots of

27:17

your faith you literally felt like you just got saved like you knew nothing everything you thought you knew you know

27:22

needed to be tweaked well that's where we're supposed to be and that's how it starts off says therefore concerning the eating of

27:29

things offered to idols we know that an idol is nothing in the world and there's no other god but one so idols aren't

27:35

anything they're just little wooden images for even if there are so-called gods whether in heaven or earth there are

27:40

many gods many lords yet for us there's only one the father yahweh of whom all

27:47

whom are all things and we for him and one lord jesus christ through whom we are all things and through whom we live

27:53

however there's not there is not in everyone this knowledge there are some people that have a big problem when they

27:59

go to market and there's meat hanging there and they don't know where it came from they don't know if it's kosher or

28:05

not that's the truth of what was going on

28:11

for some with consciousness of the idol until now eat it as a thing offered to an idol

28:17

and their conscience being weak is defiled so they know in this case they know that the meat there most likely

28:23

came from a temple and they don't want to buy it because if they buy it it bothers them

28:29

that this animal was sacrificed to another god and what paul is saying here in first corinthians is look

28:35

god made that lamb clean the lamb is not his fault the meat is

28:43

clean the commandment is don't eat things offered to idols

28:51

oh now you're confused because what he's saying is do not take part in the ceremony of eating things

28:58

offered to idols in the ceremony but if it ends up in your marketplace i'm

29:03

telling you there is no such thing as idols to begin with those gods are not even real

29:10

by the mere fact that you're even given credibility and saying that that idol has the ability to make that lamb

29:15

unclean you're saying that there's such thing as a god there is no such thing as other gods he

29:20

says but food does not commend us to god for

29:28

neither if we eat are we the better nor if we do not eat are we the worst

29:33

of this meat but bewareless somehow this liberty of yours become a stumbling block to those

29:40

that are weak you see the word they're weak it's connected to eating something that's offered to an idol for if anyone

29:46

sees that you have knowledge eating in an idol's temple meat from an idol temple will not the

29:52

conscience of him who is weak be emboldened to eat things offered to idols and because of your knowledge shall the weak

29:59

brother perish for whom christ died but when you thus sin against the brethren and wound their weak conscious

30:06

you sin against christ therefore if food makes my brother stumble i will never again

30:11

eat meat pause back to

30:17

romans chapter 14. and we'll tie this all together so in

30:24

romans 14 now we know what the context is about when it's talking about strong

30:29

and weak it's talking about meat offered to idols which is why it starts off right off the bat saying receive one who

30:36

is weak in the faith but not to disputes over doubtful things for one believes he may be eat all things

30:43

offered to idols and how do we know that because the next part says but he who is weak only eats vegetables he won't eat

30:52

meat because he doesn't know if it's offered to an idol or not do you follow me so far

30:58

so the context is about whether or not you can eat meat offered to idols and there's a debate about that in the first

31:04

century so the context is about what food food then all of a sudden

31:11

it switches in verse five and it says one person esteems one day above another another seems every day

31:17

alike let each be fully convinced in his own mind he who observes the day observes it to the lord he who does not

31:24

observe the day to the lord he does not observe it sure sounds like he just switched topics didn't it

31:29

but i'm going to submit to you he did not switch topics at all he's literally moving and the next punchline is the

31:36

next verse it tells you exactly what he's talking about what the day is we're assuming he's talking about the sabbath

31:43

but the entire context is talking about what food so the next verse says this

31:50

he observes the day observes it to the lord he who does not observe the day to the lord he does not observe it he who

31:55

eats eats to the lord what's the opposite of eating

32:00

fasting in the first century virtually every sect of judaism fasted twice a week

32:08

the day that he's talking about here is the debate on which they had even had a debate on should it be on Mondays and

32:14

Thursdays or Tuesdays and Fridays and so one disciple says you know what

32:19

I'm going to fast this is the day I'm going to fast the other one argues and says this is the day I think we should

32:25

fast and Paul says look be convinced in your own mind because there's no commandment

32:30

saying that you have to fast on a specific day so he's dealing with another food topic

32:36

right in the middle of talking about food doesn't that make a lot more sense no

32:41

yes okay so I wanted to unpack that for you because that scripture is used a lot to teach that we can kind of do whatever

32:48

we want and that is the prevailing attitude it seems like that that that us Christians tend to have and our

32:53

denominational backgrounds is we can serve God how we want serving God how you want

33:00

ends up at the golden calf and it didn't turn out so well there either

33:07

all right let's move into the scriptures and find out I want to go through a plethora of scriptures of what the Bible

33:12

says about fasting we're going to let it speak for itself I love letting the Bible speak for itself it does a great job so let's talk about it fasting when

33:20

you come to the only commandment in the Bible that gives us very specific instructions to fast it's not an a

33:26

option it is an obligation and it is a commandment just like love your neighbor as yourself

33:31

Leviticus chapter 23 read with me verse 26 and the Lord spoke to Moses saying all

33:38

so this is going to be the other night the tenth day of the seventh month shall be

33:45

the day of atonement it shall be a holy convocation for you you shall afflict

33:50

your souls and offer an offering made by fire to the Lord psalms 35:13 but as for me when they

33:57

were sick my clothing was sackcloth I afflicted my soul with fasting and my

34:03

prayer returned into my own bosom so I wanted to show you there in psalms

34:09

that word afflicted there it's the same word so you have it's fasting when you afflict your soul it's you're afflicting

34:15

your mind your will and your emotions and i'll be and how many of you know that when you fast it affects your mind

34:22

your will and your emotions matter of fact uh that's probably why i'm slurring all over the place i'm fasting so i can

34:27

i'm not as sharp it's affecting my mind it's affecting my will it affects your emotions and that's just the way that it

34:34

is let's continue ezra chapter 8 verse 21-23 and let's find out how fasting is used

34:41

in the bible then i proclaimed a fast there at the river of

34:46

that we might humble ourselves before our god to seek from him the right way for us and our little ones and all of

34:52

our possessions for i was ashamed to request of the king an escort of soldiers and horsemen to help us against

34:59

the enemy on the road because we had spoken to the king saying the hand of god is upon all those who

35:05

good for good who seek him romans 8 28 but his power and his wrath are against

35:12

all those who forsake him so we fasted and treated our god for this and he answered our prayer what's

35:18

going on nehemiah is coming back from babylon to jerusalem he makes this big

35:23

proclamation before the king that king i believe that god is going to take

35:29

care of us after he said that he really wished he wouldn't have said that because now he can't really ask the king for escorts

35:36

because that journey is very dangerous because if you ask the king for escorts the king's going to go wait a minute you said your god's going to take care of

35:41

you do you believe it or not that's a whole message can be made for itself but we see that fasting in this context was

35:48

for protection they needed protection they had a journey and they decided not

35:54

just to pray it was prayer and fasting

35:59

nehemiah chapter 1 verse 3 and 4 says this they said to me the survivors who are

36:04

left from the captivity in the providence are there in great distress

36:09

and reproach the wall of jerusalem is also broken down and its gates are burned with fire so it was when i heard

36:16

these words that i sat down and wept and mourned for many days i was fasting and

36:21

praying before the god of heaven and so what happened he found out that jerusalem was in ruins

36:28

that its gates were burned with fire and he sat down wept with prayer and fasting sackcloth ashes

36:37

entreating god so we see again the old testament power fathers as i like to

36:43

call them okay they are the ones that have this built into their protocol they

36:49

respond with prayer and fasting not just prayer you just don't see it it's all over the

36:55

place a few more chapters over nehemiah chapter 9 verse 1 says this now on the

37:00

24th day of this month the children of israel were assembled with fasting and sackcloth and with dust on their heads

37:08

then those of israelite lineage separated themselves from all the foreigners and they stood and confessed

37:14

their sins and their iniquities of their fathers i find that interesting and they stood up in their place and read from

37:20

the book of the law of god for one fourth of the day and for another fourth they confessed their sins before the

37:27

lord their god a couple things i want to point out here that's connected with prayer and fasting from the author's

37:34

perspective they're fasting before god but what do they do when they're fasting that's very powerful in the ears of god

37:41

that helps his ear bend they are confessing not just their sins but the

37:46

sins of the fathers why because they understood the concept of generational curses

37:53

they understood it they saw it with ham from noah they know

37:59

and god said third to fourth generation i will curse

38:04

and so for the sins of the fathers there is a generational curse that can

38:10

be passed down so they're confessing the sins of their fathers this alone should

38:15

be a sermon because christians today by and large don't do this in prayer time

38:23

i'm not going to ask you to show of hands because i know it's almost zero that if you've ever fasted and prayed that you will start out confessing

38:29

someone else's sin you would think that would be natural because we're so selfish and point fingers at everybody that we would be

38:35

confessing everybody else's sin but the reality is is that yahweh says this is what you need to do you need to

38:41

break whatever connection that you might have a virus from somebody else how many you can get sick from just touching a

38:47

door handle didn't do anything but you're sick nonetheless

38:52

did you know some of you are sick of the struggles that you have and we use that term i'm just sick of myself

38:59

i'm sick of going through this well how do you know you might have a virus you can't get rid of iron matter of fact

39:05

i think god's telling us by the fact that medical science cannot get rid of viruses it's impossible he's trying to

39:11

say you the virus is connected to the spiritual realm if you've got something following you around the spiritual realm you can't get rid of it by yourself it's

39:19

there you can will it away you can you can try to just say i you know leave me alone but the guy that

39:26

that was a paralytic you know or the epileptic i'm sure he didn't like it his parents

39:31

didn't like it the pharisees didn't like it yeshua just said go but he spoke to a spirit

39:36

spoke to the virus he didn't speak to the body he spoke to the virus over 90 percent of the time he

39:43

speaks to viruses go read your bible so we want to make sure that we deal with generational curses confessing those

39:50

sins is a great part of that secondly he's confessing their sin for

39:55

how long oh just one quarter of a day motive most of us couldn't do that for a

40:00

quarter of an hour much less for a quarter of a day they are confessing their sins and

40:07

worshiping so now we get another formula for fasting is it's not just not eating many of you will not eat and you and god

40:14

still won't hear you because all you're doing is starving yourself

40:20

there's no magic formula in not eating it's not as if the colon is connected to

40:25

god and when it's empty it's somehow god it rings a phone

40:31

an empty colon doesn't make god's phone ring it's the beginning

40:36

of connecting that line you've never heard that analogy before

40:43

i don't know where it came from i'm fasting it all right esther chapter 4 very popular

40:49

powerful scripture on fasting we all know this one and in every province where the king's command and decree

40:55

arrived there was great mourning among the jews with fasting weeping wailing

41:01

and many laying sackcloth and ashes what's going on the king says all the jews got to die okay so it's like hitler

41:07

all the jews are going to die and the people respond by doing what

41:13

prayer and fasting and weeping so we've got weeping we've got inside of the fasting

41:19

we have got confessing sins you should be writing this down confess it i don't have a powerpoint for this at the end so

41:25

you're out of luck confessing sins of the forefathers confessing your own sin worship

41:32

all part of this process it's not just eating eating is just a door there's a lot of

41:38

rooms inside of that house that you're going to walk in esther 4 16 this is when esther goes

41:44

before the king she says go gather all the jews who are present in shushan and fast for me she's

41:50

in a position of authority her people are all on her side she says please go fast for me neither eat nor drink for

41:58

three days so now we have no eat or drink she does not say don't eat or drink water you cannot not drink water

42:06

you will die in three days okay the body can go for a long time without food it can only last three days without water

42:12

okay so unless you want unless you want to be like the prunes that you like to eat you will shrivel up and die make sure

42:19

you drink water when you fast side bar all right my maids and i will fast

42:25

likewise and so i will go to the king which is against the law and if i perish i perish what i want to point out here

42:31

is that this is one of the first times where you have a group fast

42:36

it's actually the second or third time but there's a group fast that's initiated

42:43

you see that there so what it's saying is that there is greater power in numbers of fasting

42:51

so if you have something going on in your life you really want god to hear your voice and we'll find out what that looks like

42:58

in a minute at the near the end you might want to have a group of people do it you might have your family do it

43:03

with you there's something powerful about it daniel chapter 9 then i set my

43:09

face toward the lord god to make a request by prayer and supplications with fasting

43:16

sackcloth he's offering something by the way he's supplying something to god

43:22

sackcloth and ashes and i prayed to the lord my god and made confession

43:28

then the word of the lord of host came to me saying zechariah 7 4-6 say to all the people of the land unto

43:34

the priests when you fasted and mourned in the fifth and the seventh month okay because you have uh you have the fifth

43:40

month where they fasted a day in the fifth month in the seventh month it's talking about yom kippur

43:47

during those 70 years did you really fast for me i love this now he's going to get into the heart
43:55

for me you see how he says that twice let me read again he says when you fast in the fifth and the seventh month are you sure

44:02

you're really doing it for me for me

44:08

when you eat and when you drink do you not eat and drink for yourself

44:13

when you're not fasting you eat and drink for yourself should you not have obeyed the words which the lord

44:20

proclaimed through the former prophets what he's saying obedience is better than sacrifice he says look i'd rather

44:27

you do what i say than for you to starve yourself because you're doing it for yourself

44:35

let me drive this home for you because i said it passionately as if yahweh was saying it

44:40

but yahweh is saying this when you fast most of us we're fasting for ourselves

44:51

that will disqualify the power of your fast this

44:56

you should write down because when you fast for your situation when you fast for this situation this

45:03

person this circumstance this trial this tribulation lord get me out of this lord get me out of that i got a speeding

45:09

ticket yesterday i need to fast today lord help me help me when you fast from that perspective

45:16

you're invoking god's wrath because you're fasting for you

45:25

so what we should be fasting for if you want to get the power of god

45:30

rolling and you want to get his ears and you want to get his heart palpitating for his bride then you fast for him

45:41

wait a minute why would you need to fast for god that doesn't even make sense it's going to make a lot of sense in about 20 minutes

45:48

because i believe that when you really understand the power of fasting and who you're doing it for because when we look

45:55

at something we say i'm doing this for so and so by default you're saying that person's

46:00

deficient that person's in need right that's our english vonak vernacular

46:05

i'm doing this for someone else because they need it i'm giving an offering to this person because they need this this

46:11

person might need a tent for sukkot i'm going to buy them a tent i'm going to do it for them i'm not doing it for me

46:18

so i understand how it's a little strange to say we need to fast for god god's in not need of anything

46:24

oh but he is god is in need of his name restored in

46:31

the earth in every situation every tribulation you

46:37

go through every circumstance and person that's unsaved that you're fasting is restoring his name

46:45

it's not about the person it's not about the situation it's not about the trial

46:52

it's not about mine it's not about yours it's about restoring the name of god in this earth

46:58

and when we understand that you will put down the twinkies ladies and gentlemen

47:07

some of you got one in your purse and you're really embarrassed

47:13

we will put down the food and it's okay to do that and we will have no problem in doing that because our heart

47:19

motivation is we want the name of god to be restored we want his glory to be

47:25

amplified in the earth realm not our own glory

47:30

not so that we can get out of something or get into something

47:36

is this making sense

47:42

let's continue let's move into the brit how to show the new testament acts chapter 10. can i go a few more minutes

47:47

so cornelia said four days ago i was fasting until this very hour this is when peter has the vision right

47:54

we're not going to go through that misunderstanding uh standing uh story right now but four days ago i was fasting until this very hour at the

48:01

ninth hour i prayed in my house and behold a man stood before me in bright

48:06

clothing and said cornelius your prayers have been heard and your alms are

48:11

remembered in the sight of god this is a guy that's not even saved

48:18

the formula is so thick it's so powerful it's so overwhelming to the throne of god it comes and cuts in front of every

48:25

single line that when someone fasts and prays before

48:31

the creator he hears so much so he said an angel

48:38

acts 14 so when they had appointed elders in every church and prayed with fasting they commended

48:45

them to the lord in whom they believe so we see another connection that elders there was a concept of of they did

48:52

nothing lightly they're fasting they're praying they're waiting on the ruach they're waiting on god

48:58

they want to make sure they do it right the concept is slow down to go fast this

49:05

is what i why i started with that the motorcycle analogy and going slow to go fast because when you put the brakes on

49:12

that's called fasting you naturally slow down

49:17

it forces the organs of your body to slow down you're seeing right now i'm required to

49:24

slow down because i'm not at the top of my game so i have to slow my speech down because

49:31

my brain my my tongue can't keep up with my mind it's you're living right now my body is

49:38

slowing down the organs slow down the reproductive system all of the org the

49:44

colon everything it slows down why because you're about to go fast

49:51

you're about to hit your berm you're about to hit the corner you're about to turn the corner you're

49:58

about to have your breakthrough that's what this is all about the fasting hits the brakes so you can hit

50:05

the gas you don't fast

50:11

you're over the burn now turn with me to the most popular scripture chapter in the bible on

50:17

fasting my favorite hands down isaiah chapter 58

50:23

cry aloud spare not lift up your voice like a shofar like a trumpet tell my

50:29

people their transgressions see that again in the house of jacob their sins yet

50:34

they seek me daily and delight to know my ways as a nation that did righteousness and did not forsake the

50:40

ordinances of their god they ask of me the ordinance they ask of me the ordinances of justice they take

50:46

delight in approaching god and then the whole thing shifts

50:52

in verse 3. why have we fasted they say and you've not seen

50:57

why have we afflicted our souls through fasting and you don't even take notice in fact in the day of your fast

51:05

you find pleasure and you exploit your laborers

51:10

indeed you fast for strife and contention

51:17

and to strike with the fist of wickedness what does that mean he's saying you fast so that i'll give you

51:22

answers so that you crush someone you're fasting so that you could become

51:28

stronger against your own brother

51:34

you will not fast as you do this day to make your voice heard on high do you

51:39

for me this is one of the most powerful verses in our bible because i don't know

51:44

about you but i'm not just passionate about truth man i am passionate about the spirit of god and there's another

51:50

thing i'm passionate about i am passionate about god hearing my voice and there's 7.2 billion people out there

51:57

and 2.2 claim to be christians crying out their voice how does you get your voice heard

52:03

and you can say you know he's you know omnipotent and i'm present and he hears everything but my bible says

52:09

he only hears certain voices so if i didn't know any of that and i hadn't got to that scripture in the new testament i

52:15

just read this i'd go wait a minute to make your voice heard on high that means god doesn't hear everybody all at one time

52:21

there's something i have to do to make my voice heard do you understand the logic

52:27

it's very simple logic i'm a simple guy and he's been about to tell us how do you get your voice heard

52:34

is it a fast that i have chosen a day for man to afflict his mind will and emotions

52:41

see it's not just about food

52:49

it is is it to bow down his head like a bull rush and spread out cloth sackcloth

52:55

and ashes would you call this a fast an acceptable day to the lord and they're scratching

53:00

their heads going well yeah that's what we do we put down the the sackcloth put dirt on our heads representing that we

53:06

come from dust and dust we'll go back and woe is me and i'm nothing and i let everybody know i'm fasting and i'm

53:12

really bummed out and and i don't eat and he says this is a joke to me

53:18

why because you're not doing it for me you're doing it for yourself

53:25

he says is not this the fast that i have chosen and this is where you got to pay attention to loose the bonds of

53:30

wickedness this is what fasting does before we go any further

53:37

this is what god has opened my eyes to over the years growing up in christianity i never heard

53:45

a single sermon on fasting

53:50

yet fasting according to isaiah 58 is what does

53:56

the following things

54:01

it loosens the bonds of wickedness it undoes it undoes heavy burdens

54:09

it lets the oppressed go free it breaks every yoke

54:16

how many of us have burdens how many of us of the pasha how many of us have yokes
54:23

how many of us have struggles my bible says that fasting breaks those
54:29

you might say well pastor jim you seem a little frustrated i'm a little frustrated because i've
struggled my whole life and nobody told me this you
54:36

mean to tell me that if i would have fasted and followed the biblical protocol of really that my he
would have heard my voice and i could have had
54:42

these struggles dealt with 20 years ago
54:50

let me say it in a humorous way you're struggling because you're eating mcdonald's every day
54:58

you can take that on multiple levels
55:05

because you know what it's all too easy to pray to god and say lord i'm really struggling with this
and please help me
55:10

and please forgive me and oh i'm gonna get an accountability partner i'm gonna i'm gonna read a
book on this and i'm gonna i'm gonna do this and i'm gonna do
55:16

that but don't mess with my food
55:21

how many of us would be really willing to give up that which gives you life
55:28

how many of you would be willing to die to be free
55:33

because when you fast you're dying
55:39

it's the first day of your death you continue it you will die
55:44

you will die fasting sets the captives free matter of
55:50

fact reminds me of a story of a man i believe is in china who's a christian in prison
55:57

and all the inmates were malnourished and they were going to die he chose to take his
56:02

portion and give it to other people and decided to fast
56:11

for them they lived he died fasting produced life in somebody else
56:20

he gave his life fasting produces humility that's what it does it produces humility
56:28

and then he goes on and he says this is it not to share your bread with the hungry
56:34

that you bring into your house and the poor who are cast out when you see the naked that you cover him now he goes

56:39

into a supernatural definition of fasting if you want to fast you can fast in the physical but he says i'm going to

56:45

show you how to fast without food being in the subject at all

56:52

i'm going to show you how to fast and still eat because real fast is sharing your bread

56:58

real fast is loving your neighbor real fast is when you see the naked you

57:04

cover him when someone makes a mistake this is first corinthians 13 by the way first corinthians 13 is connected to

57:10

fasting when you see a brother make a mistake you cover it you don't expose

57:15

the nakedness or you will get the curse of ham

57:23

then your light will break forth like the morning your healing shall spring forth speedily and your righteousness

57:29

shall go before you the glory of god will be your rear guard and then you

57:35

will call and yahweh will answer when you live your life

57:41

in the physical realm as if you're fasting every day

57:46

your prayers are heard when you love people when you stop

57:52

slandering when you stop gossip when you cover people when you feed the homeless

57:57

spiritually and physically that's a whole lifestyle of fasting in the spiritual realm but god says if you

58:03

really want your voice to be heard stop eating die physically to yourself and in

58:08

the process work process worship me confess your sins of your forefathers confess your sins

58:16

turn your ear towards me for the with the motivation of glorifying my name in your life

58:23

and then i will hear from heaven then i will hear from heaven

58:32

philos says this first century lived at the time of yeshua first century philosopher says and now

58:38

they will dedicate the offering of fasting and patience this is so amazing the most beautiful and sacred and

58:46

perfect of all offerings offering they considered fasting

58:52

which comes with patience develops it too

58:58

and offering the most beautiful of all offerings because you're the one

59:04

crawling on the altar you are the offering

59:11

you are the most beautiful offering that god ever

59:16

created and when you fast you are invoking the ceremonial sacrificial system where

59:25

you're crawling on the altar and sacrificing yourself no more sheep no more goats god take me

59:33

you're invoking yeshua and what he did

59:39

and another beautiful quote that he says he says when the outward senses are fasting the mind is feasting

59:48

when the outward senses are fasting your spirit is feasting

59:55

you are getting more downloads from the most high god when you are fasting in prayer in this formula and it

1:00:02

has to be that way and many times you won't even know it

1:00:09

you won't even know it matter of fact last week maybe now is why god told me not to to

1:00:14

share this or why i didn't share it last week when my father got saved at the end of

1:00:21

the week and i got delivered of my issues on tuesday when i had it open to share

1:00:27

this with you i didn't share it but a lady emailed me early in the week

1:00:33

and she said she was fasting and praying for me and she got a word from the lord she said if you fast and pray at the end

1:00:38

of the week god will show up and deliver you

1:00:45

well no harm in fasting so i did and whoever you are thank you very much

1:00:51

because you you have impacted my entire family your obedience one fast from one woman

1:00:56

who i've never met changed my life

1:01:02

because i took it seriously so i fasted and i prayed and what happened at the end of the week

1:01:07

god showed up and the thing that i had been struggling with for my whole life 40 plus years

1:01:13

delivered like that that's the power of fasting

1:01:20

and that's the power of fasting for someone else the download that she got changed my

1:01:26

life all right let's wrap this up spiritual warfare these are items of fasting of

1:01:31

why you would fast you can fast for spiritual warfare you can fast for uh

1:01:36

when we approach the day of the lord as we get closer to the end days god says you should be fasting to withhold

1:01:42

judgment you want god to withhold judgment fast and pray

1:01:48

it creates humility the disciples of yeshua did it and it was an absolute

1:01:53

common practice in early christianity last but not least i want to end with

1:01:58

this this is a secular article from medical news today dot com

1:02:04

i have no idea anything about this website other than this was a report done in the secular realm on fasting

1:02:12

listen to what it says in recent years numerous studies have suggested that intermittent fasting

1:02:17

abstaining or reducing food and drink intake periodically can be good for us making it one of the most popular diet

1:02:24

trends worldwide we're not doing that's for diatribes by the way but it's a nice side effect

1:02:30

studies of intermittent fasting show that not only do people see improvements in blood pressure

1:02:35

and their cholesterol levels but also in their insulin sensitivity

1:02:41

in june 2014 for example medical news today reported on a study suggesting periodic fasting defined in the study as

1:02:47

one day of water only fasting per week may reduce the risk of diabetes among

1:02:53

people at high risk for for the condition another study conducted by dr walter longo and colleagues from the university

1:03:00

of southern california usc in los angeles found longer periods of fasting

1:03:05

two to four days may even completely reboot the immune

1:03:10

system clearing out old immune cells and regenerating new ones

1:03:17

a process they say could protect against cell damage caused by factors such as aging

1:03:22

and chemotherapy but what are the mechanisms underlying the suggested health benefits of fasting

1:03:27

here we go so a detoxification process occurs because any toxins stored in the body's

1:03:34

fat are dissolved and removed from the body because when you don't eat the body gets energy from fat cells pulls the

1:03:41

toxins out of the fat cells in the bloodstream the bloodstream gets rid of those negative toxic cells

1:03:47

he adds noting that after a few days of fasting higher levels of endorphins the feel-good hormones are produced in the

1:03:54

blood which can have a positive impact on mental well-being as mentioned previously the study by dr longo and

1:04:00

colleagues suggests prolonged fasting may also be effective for regenerating immune cells when you starve the system

1:04:06

tries to save energy and one of the things it does to save energy is to recycle a lot of the immune cells that

1:04:12

are not needed especially the ones that are damaged in their study published in the journal

1:04:18

cell stem cell the team found that repeated cycles of two to four day

1:04:24

two to four days without food over a six-month period destroyed the old and damaged immune cells in mice and

1:04:31

generated brand new ones what is more the team found that cancer

1:04:36

patients who fasted for three days prior to chemotherapy were protected against

1:04:42

immune system damage that can be caused by the treatment which they attribute to immune cell regeneration

1:04:49

and lastly the good news is that the body got rid of the parts of the system that might be damaged or old

1:04:55

the inefficient parts during the fasting says dr longo now if you start with a system heavily damaged by chemotherapy

1:05:02

or aging fasting cycles can generate literally a brand new immune system

1:05:09

now let me compile this into how i read this article

1:05:16

when you starve your spiritual system tries to save

1:05:22

energy so one of the things that your spirit does to save energy is it likes to

1:05:27

recycle the very word of god that's in you that's protecting you your immune system

1:05:33

all of the bad damaged immune cells that are hurting you

1:05:39

so anything that's in your immune system from god that's not from him

1:05:45

by default the spirit while you're fasting is eliminating those things and you don't even know it

1:05:50

it's eliminating stuff it's eliminating selfishness it's eliminating

1:05:56

every kind of thing that is besetting you like paul says

1:06:02

and so what fasting for two to four days does is it's rebooting your connection

1:06:07

with god it's rebooting the connection it's giving you a new connection

1:06:13

and i hope that at the end of this message which is right now that you will be inspired and encouraged

1:06:21

i believe that that if you will take this seriously that the next time that you need to hear from god

1:06:27

which i hope is far beyond when you're in trouble because i get it now we all want to be

1:06:34

like the new testament believers but we really don't want to do what they're doing because they fasted twice a week

1:06:42

so let me tell you my experience i've been doing this and i've been i've been trying this and i i don't say this

1:06:48

to impress you i only say this as to exemplify and to impress upon you the power of fasting

1:06:56

so i decided to do this every other day that's what i'm gonna do every other day been doing it for quite some time

1:07:03

at first it was like are you kidding me just kill me this was not about like uh god restoring

1:07:09

his name in the earth it was about protecting me from dying i'll admit it because i'd never done it

1:07:16

before i've done fasting from here to there a few days but not as a lifestyle

1:07:23

but as i begin and my body begin to get used to fasting on a weekly basis

1:07:30

i noticed something i felt things in my heart i hadn't felt

1:07:36

i could feel things some of the struggles that i've i struggled with everything was slower

1:07:44

so i could process it a little better i could hear a little clearer

1:07:49

i got revelations that i never heard never thought of and been decades since i even attempted because every time it's

1:07:56

just been fruitless and they just came answers don't know where they came from they're just there more gentleness more

1:08:02

tenderness some of the things that jim staley opened his chest struggle with god began to download and say i'm going

1:08:08

to show you this you're dying so i'm gonna make you live in all the areas that you need life

1:08:15

i'm i'm telling you there's no way for me to explain it other than

1:08:21

someone very dear to me accepted the lord and didn't even know that i was fasting

1:08:27

and didn't even know i was fascinating for him to the power of fasting transcends you it's

1:08:34

like a light that comes out of a light bulb the light bulb has no idea what it's really doing

1:08:41

when you fast it's like turning on the light for the whole world to see in heaven it's like giving them the opportunity to

1:08:49

to do and to work on your behalf because spiritual growth starts at the grounds

1:08:54

of humility and humility i believe starts at the grounds of giving up something that means something to you

1:09:01

maybe you have a medical condition and you can't fast i get it there's lots of ways to fast maybe you

1:09:06

fast your phone lord knows that be worse for some of you than food [Music]

1:09:12

it would be for me maybe it's given up television maybe it's given up your computer

1:09:19

maybe it's not working so much maybe you're fasting from something that means something to you so you can slow down

1:09:25

you can hear you can love people a little bit more you have more time with your kids more time with your spouse

1:09:31

you're just slower your emotions did you know when you fast your emotions raise

1:09:39

you become more aware of things around you

1:09:46

stand with me tonight [Music]

1:09:55

father god i just want to come before you and on behalf of your people around the world lord

1:10:00

would you forgive us for not taking you serious would you forgive us lord for having

1:10:06

this laxadaisical uh a christian relationship with you where we are following you

1:10:12

but we're really not willing to give up anything to to for you we're not willing to lay our nets beside us to follow you

1:10:23

father forgive us that we've lost this ancient discipline that was so prevalent

1:10:30

maybe you had so much power infused into that early church because they were seeking you with all of their heart mind

1:10:37

soul and strength and they proved it twice a week

1:10:44

father there will come a day when your son comes back and we won't have to fast because the bridegroom will be among us

1:10:50

and you don't fast in a wedding but now lord until then

1:10:57

your name is not bannered in this earth realm it's not glorified where it should

1:11:02

be both in our personal lives in the lives of those around us and in this world

1:11:08

we have much to entreat you for we have much to ask

1:11:15

so father god i just ask that you not only forgive us that you would empower us

1:11:21

and encourage us to do bible things

1:11:27

in bible ways and to add this discipline into our lives

1:11:34

we don't have to do it once a week twice a week once a month god we know it's it's up to you to inspire us when we're

1:11:40

supposed to and how we're supposed to but i pray that you would impress this upon your people this day

1:11:47

bless them god through their service to you let your word be true when you say seek

1:11:52

me and you will find me lord now i know how to seek you

1:11:58

thank you for hearing our prayers thank you for your love and thank you for your patience

1:12:06

amen with that being said

1:12:12

i want to call a three-day fast from sunday

1:12:17

tomorrow at 1 pm to wednesday

1:12:23

at 12 p.m i would like you to join me in fasting

1:12:30

for the trial that this congregation is going through because that is the day

1:12:35

that is the day that i go before the king like esther said so if god puts it on your heart to join

1:12:42

me into doing that and praying for this congregation so that we can continue to glorify and

1:12:49

banner his name not about me it's about not

1:12:55

letting that banner fall let us pray and ask yahweh to have his

1:13:02

way glorify his name in both our lives this family

1:13:07

and those around the world those in mexico need it those in russia need it those around the world need to

1:13:14

hear the message going forth from this ministry and from your heart

1:13:20

your lives so father may the lord bless you and keep you may your may his face shine

1:13:26

upon you may he be gracious to you may his countenance be lifted up over you

1:13:32

and may he give you shalom shabbat shalom everyone

1:13:38

i love you and i am thankful for you and i can't wait to see you in three weeks

1:13:45

because on wednesday i'm leaving with my family for a couple of weeks so i won't be with you guys

1:13:50

over the next couple of weeks but i'll be watching online and i'll be

1:13:55

excited to spend some time with my family so pray for us as we get some time to focus on one another

1:14:02

you do the same with your family amen amen turn to your neighbors say yahweh loves you

1:14:08

amen we'll see you next

1:14:13

if you were blessed by this teaching please consider helping us reach the nations by making a donation today

1:14:20

thank you